



CAPITAL AREA  
STAFFING SOLUTIONS



BANGOR AREA  
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# August 2021

## Field Employees

### IMPORTANT TIMECARD NOTICE

As always, please remember to submit your time card no later than Friday afternoon, unless you are working a weekend shift. Please e-mail/fax no later than 8am Monday morning.

**If you have vacation/travel plans that require time off from work**, please be sure to notify us as soon as possible once you have requested the time off from the Client. The earlier we know, the better we (and our Clients) will be able to prepare for your absence.

August days are hot and still,  
Not a breath on house or hill,  
Not a breath on height or plain,  
Weary travelers cry for rain;  
But the children quickly find  
A shady place quite to their mind;  
And there all quietly they stay,  
Until the sun has gone away,—  
August is too hot for play!



If you know of other great people like yourself who are seeking new positions, please refer them to us.

### Augusta Area:

- Sr. Programmer Analyst – Augusta
- Accounts Payable – Waterville
- Medical Front Desk – Augusta
- Pick/Pack/Ship – Pittsfield
- Teller - Augusta
- HR Manager - Waterville
- PT Office/Bookkeeping Asst. - Waterville
- Front Desk Reception - Winthrop
- Staff Accountant - Augusta
- Custodial Staff - Waldoboro
- Forklift Operator - Wiscasset
- Mortgage Claims Mgr. - Augusta
- Medical Records QA - Waterville
- PT Office/Bookkeeping Asst. - Augusta
- Packer/Inspector - Wilton
- Payroll Specialist - Auburn
- Office Mgr/Administrator - Augusta

-Annette Wynne



## Get Outside this August!

August is the last full month of Summer, which means it's the perfect time to get out and enjoy the beautiful weather before the days get short and the weather gets chilly. There are many things to get out and enjoy this month!

### Maine Wild Blueberry Weekend

Are you ready for a new summer tradition? The first Annual Maine Wild Blueberry Weekend is being held August 7th and 8th. Many wild blueberry farms will be open for tours and businesses will feature special blueberry items and products! For more information and a map of participating businesses visit [www.wildblueberryweekend.com](http://www.wildblueberryweekend.com).

### State and Agricultural Fairs

August also means fair season is in full swing in Maine. From the rides, to the food, animals, and entertainment, there's something to be found for everyone. Information for many of these fairs can be found at <https://www.maineairs.org/>.

### The Perseid Meteor Showers

The Perseids are often the most impressive meteor showers of the year for the Northern Hemisphere, with 50-100 meteors per hour during it's peak, according to NASA. This year that peak is projected during the early morning hours on August 11, 12, and 13. No special equipment is needed to view the shower. For more info on how best to enjoy them, you can visit <https://earthsky.org/>.

- Production Technician - Winslow
- Survey Technician - Augusta
- PT Sales Associate - Winslow & Farmingdale
- Shipping & Receiving Clerk - Winslow

### **Bangor Area:**

- Assembly and Machining Operators - Brewer
- Reception/Admin Asst. positions - Bangor and Ellsworth
- Estimator/Proj. Mgr. - Hampden
- Counter/Inside Sales - Bangor
- Bookkeeper (part time) - Bangor
- Office Manager - Brewer
- Paint Line Operator - Brewer
- Carpenters - Hampden
- Cleaning positions (full time and part time) - Bangor
- Carpet Cleaner/Water Mitigation Tech - Bangor
- Bookkeeper/Office Assistant - Southwest Harbor
- PHP/MySQL Programmer - Bangor
- HR Manager-Bangor
- Landscape/Property Maintenance - Holden
- Direct Support Professionals - Bangor

All job postings can always be found on [CapitalAreaStaffing.com](http://CapitalAreaStaffing.com) or [BangorAreaStaffing.com](http://BangorAreaStaffing.com)



## August Dates & Fun Facts

- August 1 - Friendship Day
- August 6 - International Beer Day
- August 7 - International Hangover Day



## Summer Corn Salad

Planning your celebration for National Picnic Month or National Eat Outside Day, but want something new instead of your standard potato salad? Try this recipe out!

### INGREDIENTS

2 bell peppers, 1 red and 1 green, cored  
1/3 cup plus 2 tablespoons corn oil  
4 large ears corn, cooked  
2 cups small red new potatoes, cooked  
3 tablespoons finely chopped red onion  
2 teaspoons minced fresh tarragon  
2 tablespoons minced fresh parsley  
2 teaspoons Dijon-style mustard  
1 teaspoon soy sauce  
1 tablespoon tarragon or white vinegar  
Salt and pepper to taste

### INSTRUCTIONS

Cut peppers into thin strips; then, in a medium-sized skillet, saute over high heat in 2 tablespoons of the oil until peppers are browned in spots. Set aside.

Cut corn from the cob and dice potatoes fairly small. Mix remaining 1/3 cup of oil with onion, herbs, mustard, soy sauce, and vinegar. Stir in the peppers, then add the remaining vegetables and season to taste.

Stir well and chill in a tightly covered 2-quart bowl for at least 2 hours, so flavors have a chance to blend. This salad will keep well in the refrigerator for 2 or 3 days.

**YIELD:** Makes 6 to 8 generous servings.

Source: almanac.com

- August 10 - National S'mores Day
- August 19 - National Aviation Day, chosen for the birthday of Orville Wright who piloted the first recorded flight of a powered heavier-than-air machine in 1903.
- August 26 - Women's Equality Day, which celebrates the 1920 ratification of the Nineteenth Amendment and, with it, women's right to vote in the United States.
- August 31 - National Eat Outside Day

### Monthly Observances

~Family Fun Month  
~National Picnic Month  
~National Wellness Month  
~Maine Lobster Month

August's full Moon, called the Sturgeon Moon, peaks on Sunday, August 22nd.

The name likely came from both colonists and Algonquian-speaking people in northeastern North America because the giant sturgeon of the Great Lakes and Lake Champlain were most readily caught during this part of summer.

August's birthstone is the peridot and it's birth flowers are the gladiolus and the poppy.



**Capital Area Staffing Solutions**  
**Bangor Area Staffing Solutions**  
~Your Staffing Partners~

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