



CAPITAL AREA  
STAFFING SOLUTIONS



BANGOR AREA  
STAFFING SOLUTIONS



# June 2021

## Field Employees

### IMPORTANT TIMECARD NOTICE

As always, please remember to submit your time card no later than Friday afternoon, unless you are working a weekend shift. In that case, please e-mail/fax no later than 8am Monday morning.

If you have vacation/travel plans that require time off from work, please be sure to notify us as soon as possible once you have requested the time off from the Client. The earlier we know, the better we (and our Clients) will be able to prepare for your absence.



### June

Far up in the deep blue  
sky,  
Great white clouds are  
floating by;

## HOT JOBS!

If you know of other great people like yourself who are still looking for work, please do refer them our way. We have a wide variety of positions available!

### Augusta Area:

- Teller – Augusta
- Bookkeeper/Office Mgr. – Augusta
- Custodians – Readfield
- Medical Office Mgr. – Augusta
- Shipping & Receiving Mgr. – Winslow
- Payroll Clerk - Auburn
- Janitor – Waterville
- Accounting Clerk - Auburn
- Payroll Tax Supv. - Auburn
- Legal Office Administrator - Augusta
- Survey Tech - Augusta
- Media Production Tech - Winslow
- Admin. Assistant - Waterville
- Office/Acctg. Asst. - Augusta

All the world is dressed in  
green;  
many happy birds are seen,  
Roses bright and sunshine clear,  
show that lovely June is here  
— F.G. Sanders



★ **Display the flag only from sunrise to sunset; it must be illuminated after dark**

★ **Do not display the flag in inclement weather unless it's an all-weather flag**

★ **Do not let the flag touch the ground**

★ **When not on display, the flag should be respectfully folded into a triangle**



**Unfortunately, it's tick season! Please see below for information from Maine CDC on reducing your exposure and what to do if you find a tick on you!**

**If you work or play outdoors, you should:**

- Wear EPA-approved repellents.
- Avoid wooded and brushy areas with high grass and leaf litter.
- Walk in the center of trails.
- Wear long-sleeved, light-colored clothing.
- Tuck your pant legs into your socks and your shirt into your pants.
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors. Pay special attention to under the arms, behind the knees, between the legs, in and around the ears, in the belly button, around the waist, and in the hair.
- Take a shower within two hours after spending time outdoors, which will wash off any unattached ticks.

**What types of repellents should I use to prevent ticks?**

- Use repellents that contain 20% DEET or greater to effectively repel ticks for several hours. Other EPA-approved tick repellents for use on skin include picaridin, oil of lemon eucalyptus, and IR3535.
- Products containing permethrin can treat clothing/gear and last for several washes.

- HR Generalist - Augusta
- Inspector/Packer - Wilton
- Civil Surveyor - Augusta

## **Bangor Area:**

- Operations Asst. Mgr. - Brewer
- Embroiderer - Pittsfield
- Warehouse/Forklift - Brewer
- Store Manager - Bangor
- Landscape/Property Maintenance - Holden
- Reception/Admin Asst. positions - Bangor and Ellsworth
- Estimator/Proj. Mgr. - Hampden
- Accountant - Old Town
- Carpenters - Hampden
- Cleaning positions - Bangor
- Office Assistant- Southwest Harbor
- A/R Billing Specialist - Bangor
- PHP/MySQL Programmer - Bangor

Our full postings can always be found on  
[CapitalAreaStaffing.com](http://CapitalAreaStaffing.com) or  
[BangorAreaStaffing.com](http://BangorAreaStaffing.com)



## **June Dates & Fun Facts**

- June 5 is World Environment Day—a day meant to raise environmental awareness across the globe.
- June 14 is Flag Day (U.S.). Be sure to raise the flag!
- June 19 is Juneteenth (also known as Freedom Day or Emancipation Day).
- June 20 is the summer solstice, which heralds the start of summer in the Northern Hemisphere. It's the day with the most hours of daylight, so

Permethrin treated clothing is shown to be highly effective at preventing tick bites.

- In general, products containing natural ingredients tend to be less effective at repelling ticks than other EPA-approved repellents.
- You should always follow the instructions on the label.

#### What should I do after returning from a tick habitat?

- Ticks can be very small and are hard to see. After being outdoors be sure to check your clothing and gear and conduct a full-body tick check by looking and feeling for ticks.
- Ticks can attach anywhere on the body, so it is important to check your whole body. However, ticks prefer warm, moist areas of the body.
- Placing clothes directly in a dryer and drying on high heat can effectively kill ticks on clothing.

#### What should I do if I find an attached tick?

- Remove attached ticks as soon as possible. While there are many tick removal devices available, a pair of fine-tipped tweezers or a tick removal spoon work best.
  - If you are using tweezers, grasp the tick as close to the skin's surface as possible and pull upward with steady, even pressure.
  - If you are using a tick spoon, place the notch on the skin near the tick. Apply slight downward pressure while sliding the spoon forward to remove the tick.
- Do not twist or jerk the tick, as this can cause the mouth-parts to break off and remain in the skin.
- Do not use petroleum jelly, a hot match, dish-soap, nail polish, or other folk remedies to remove ticks. They are generally not effective and may increase the risk of infection.
- After removing the tick, disinfect the bite site and wash your hands with soap and water.

enjoy! In the Southern Hemisphere, winter begins at this time.

- June 21 is Father's Day.
- June 21 is also National Indigenous Peoples Day (Canada).
- June 24 brings Midsummer Day, traditionally the midpoint of the growing season, halfway between planting and harvesting.

#### The Full Strawberry Moon

June's full Moon, occurs on Friday, June 5. It reaches peak illumination at 3:12 P.M. (EDT) that afternoon, but will not appear above the horizon until just after sunset.

#### Weather Folklore

*If June be sunny, harvest comes early.  
June damp and warm does the farmer no harm.*

**Capital Area Staffing Solutions**  
**Bangor Area Staffing Solutions**  
~Your Staffing Partners~

