



CAPITAL AREA  
STAFFING SOLUTIONS



BANGOR AREA  
STAFFING SOLUTIONS

HELLO  
*November* 

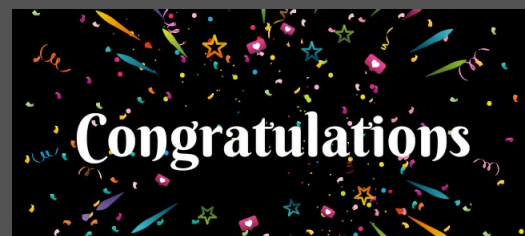


**November 2025**

**CASS & BASS  
Field Employees**

**IMPORTANT TIMECARD  
NOTICE**

As always, please remember to submit your timecard no later than **Friday afternoon**, unless you are working a weekend shift. In that case, please e-mail/fax **no later than 8am Monday morning.**



Please join us in congratulating the following Field Employee, who was hired by our Client in October!

**Amber S.**

CASS & BASS offices will be CLOSED on Tuesday, Nov. 11th in observance of Veterans Day, as well as Thursday and Friday, Nov. 27th-28th for Thanksgiving!

If you have upcoming plans that require time off from work:

Please be sure to notify us as soon as possible! The sooner we know, the better we (and our Clients) will be able to prepare for your absence.



## SO MANY CAREER OPPORTUNITIES!

Please visit our website at [Capital Area Staffing.com](http://CapitalAreaStaffing.com) for a list of all current openings!

### Augusta

Inspector/Packer - Night Shift  
Payroll CSR - Auburn  
Paralegal - Lewiston  
Evening Janitorial - Rockland  
Loan Processor - Augusta  
Outbound Appt. Setter - Augusta

### Bangor

Physical Therapist - **DIRECT HIRE**  
Payroll Specialist/HR Asst



## November Fun Facts

November's full moon is known as the **Beaver Moon**, and arrives on Wednesday, November 5th.

- November is National Diabetes Month, Military Family Month, and National Adoption Month.
- November 2nd at 2am is the end of Daylight Savings Time. Set your clock back one hour on Saturday night at bedtime.
- November 4th is Election Day. Don't forget to vote!
- November 11th is Veterans Day.
- November 19th is World Toilet Day.
- November 21st is World Television Day.
- November 27th is Thanksgiving.

November's birthstone is the **Topaz** and birth flower is the **Chrysanthemum**.

IT Technician  
Restoration Cleaners/Laborers  
Property Maintenance  
Manufacturing Assembly  
QC Manager - **DIRECT HIRE**  
Auto Mechanic - **DIRECT HIRE**  
Janitorial



## Pumpkin Mac & Cheese

A cozy classic with a Fall twist!

### Ingredients

- 1 pound pasta, your preference
- 2 tablespoons butter
- 1/2 cup chopped onion
- 3 cloves garlic, chopped
- 2 tablespoons all-purpose flour
- 1-1/2 cup milk
- 2 cups freshly shredded sharp cheddar cheese, divided
- 1 cup canned pumpkin
- 2 tablespoons chopped fresh sage
- salt and freshly ground



### Local Events in November

Here are several upcoming events around our two office locations that you might enjoy!

#### Augusta Area

- **Augusta Symphony Orchestra Season Opener** – Sunday, November 2 at 3:00 PM, at Augusta Symphony Orchestra, Cony High School (Viles Auditorium), 60 Pierce Dr, Augusta. [Maine Arts](#)
- **Veterans Weekend Arts & Craft Show** – Saturday & Sunday, November 8-9; at the Armory, Augusta. A large craft fair with artisans, perfect for gift-shopping or browsing. [FestivalNet Art and Craft Show](#)
- **Augusta Holistic Mystic Fair** – Saturday, November 15 from 10:00 AM to 4:00 PM; State Armory, 179 Western Ave, Augusta. New-age / metaphysical vendors: tarot, crystals, etc. [AllEvents](#)
- **2-Day Holiday Ritual Market** – Saturday & Sunday,

black pepper, to taste

- 1/2 cup seasoned bread crumbs

### Instructions

1. Preheat oven to 350°F. Grease a large casserole.
  2. Cook pasta al dente in boiling salted water.
  3. In a deep skillet, melt butter over medium heat. Add onions and garlic and cook until soft, about 5 minutes. Add flour and stir to form a paste. Cook for 2 to 3 minutes. Slowly whisk in milk until smooth. Whisk in 1 cup of cheese. When the cheese is melted, add pumpkin and sage. Season with salt and pepper.
  4. Mix pumpkin mixture with pasta and spread in prepared dish. Mix together the remaining cheese and bread crumbs and sprinkle on top.
  5. Bake for 30 minutes, or until topping has browned.
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November 22-23; Augusta Armory, 179 Western Ave; 40+ vendors, food truck, coffee, "holiday vibes".

AllEvents

- **Christmas in New England Arts & Craft Show** – Saturday & Sunday, November 29-30; at Augusta Civic Center; large show (130+ booths) for holiday shopping. Maine Public

### **Bangor Area**

- **Rainbow Family Craft Days: Bangor** – Saturday, November 1 at 12:00 PM – 1:30 PM; family-friendly craft time in Bangor. OUT Maine
  - **Rock & Gem Show** – Saturday & Sunday, November 1-2; Brewer Auditorium. Browse crystals, stones, lapidary items. Bangor Events
  - **Queen City Expo 2025** – Friday to Sunday, November 14-16; at Cross Insurance Center, 515 Main St, Bangor. Fan-convention style: vendors, artists, panels, photo-ops. AllEvents
  - **Maine Harvest Festival** – Saturday & Sunday, November 22-23; at Cross Insurance Center, Bangor. Local food producers, artisans, sampling, holiday shopping. Fairs and Festivals
  - **Downtown Bangor Holiday Tree Lighting** – Friday, November 28; West Market Square, Bangor; free, family-friendly outdoor event kicking off holiday lights. Bangor Events
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## VETERANS DAY

HONORING ALL WHO SERVED  
THANK YOU FOR YOUR BRAVERY  
AND SERVICE

# Capital Area Staffing Solutions, Inc. Bangor Area Staffing Solutions

~Your Partners in Staffing~



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