



CAPITAL AREA
STAFFING SOLUTIONS



BANGOR AREA
STAFFING SOLUTIONS



*Hello
March*

March 2026

CASS & BASS Field Employees

IMPORTANT TIMECARD NOTICE

As always, please remember to submit your timecard no later than **Friday afternoon**, unless you are working a weekend shift. In that case, please e-mail/fax **no later than 8am Monday morning.**

If you have upcoming plans that require time off from work:

Please be sure to notify us as soon as possible! The sooner we know, the better we (and our Clients) will be able to prepare for your absence.



Please join us in congratulating the following Field Employees, who were hired by our Clients in February!

Daniel T.
Tyler F.



**SO MANY
CAREER OPPORTUNITIES!**

Please visit our website at
CapitalAreaStaffing.com
for a list of all current openings!

Augusta

- Payroll CSR - *Auburn*
- Accounting Administrator - *Auburn*
- Business Operations Mgr. - *Palmyra*
- Distribution Spec. - *Auburn*

Bangor

- Physical Therapist - **DIRECT HIRE**
- Physical Therapist Assistant - **DH**
- Front Desk Receptionist
- PT Accounting & Program Asst.
- Quality Assurance Inspector
- Property Maintenance/Painting
- Restoration Cleaners/Laborers
- Evening Janitorial



Lemon Cream Cheese Pie

Ingredients

- 1 package (8 ounces) cream cheese, softened
- 1/2 cup sugar
- 1 can (15-3/4 ounces) lemon pie filling, divided
- 1 carton (8 ounces) frozen whipped topping, thawed



**HAPPY
St. Patrick's Day**

May the road rise up to meet you. May the wind always be at your back. May the sun shine warm upon your face, and rains fall soft upon your fields.

A Laughing Chorus

by Anonymous

Oh, such a commotion under the ground
When March called, "Ho, there! ho!"
Such spreading of rootlets far and wide,
Such whispering to and fro;
And, "Are you ready?" the Snowdrop asked,
"'Tis time to start, you know."
"Almost, my dear," the Scilla replied;
"I'll follow as soon as you go."
Then, "Ha! ha! ha!" a chorus came
Of laughter soft and low,
From the millions of flowers under the ground,
Yes—millions—beginning to grow.



**Free Financial Wellness Support for
Employees**

The Finance Authority of Maine (FAME) offers **free financial wellness support** to Maine employers and employees—at no cost!

What FAME Offers:

- 1 graham cracker crust (9 inches)

Directions

In a small bowl, beat cream cheese and sugar until smooth. Beat in half the pie filling. Fold in the whipped topping. Spoon into crust. Spread remaining pie filling over cream cheese layer.

Refrigerate for at least 15 minutes before serving.

Fun Facts for March

3/1 - National Pig Day, National Peanut Butter Lover's Day, & Self-Injury Awareness

3/2 - Read Across America Day

3/6 - Employee Appreciation Day

3/8 - International Women's Day & Daylight Savings Time begins

3/14 - Pi Day

3/15 - Ides of March

3/17 - St. Patrick's Day

3/20 - Vernal Equinox (First Day of Spring!)

The **Full Worm Moon**, will occur on Tuesday, March 3, 2026.

March is also **Women's History & National Irish-American Heritage Month**



- **One-on-One Virtual Counseling** - Personalized support with saving for education, understanding financial aid, planning for college costs, and managing student loan repayment.

- **Employee Workshops** - Virtual or in-person sessions on budgeting, saving, debt reduction, education planning, and more.

- **Student Loan Repayment Guidance** - Expert help navigating repayment options and next steps.

Why It Matters for Employers:

Financial stress impacts productivity, absenteeism, and employee retention. FAME's free resources can strengthen your benefits package while supporting employee well-being, engagement, and long-term financial confidence and it is

Easy to Promote:

FAME provides ready-to-use email templates, newsletter content, flyers, and other materials to help you share these resources with employees.

Get Started:

Contact **Mary Dyer**, Education Affordability and Financial Wellness Manager, at **MDyer@FameMaine.com** to learn more.

**SPRING FORWARD AS DAYLIGHT
SAVING TIME STARTS!**

Daylight Saving Time starts on Sunday, 3/8 at 2 am. As we adjust to the time change, let's make the most of the longer, sun-filled evenings ahead!



**Capital Area Staffing Solutions, Inc.
Bangor Area Staffing Solutions**
~Your Partners in Staffing~



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