



CAPITAL AREA
STAFFING SOLUTIONS



BANGOR AREA
STAFFING SOLUTIONS



May 2026

CASS & BASS Field Employees

IMPORTANT TIMECARD NOTICE

As always, please remember to submit your timecard no later than **Friday afternoon**, unless you are working a weekend shift. In that case, please e-mail/fax **no later than 8am Monday morning.**

If you have upcoming plans that require time off from work:

Please be sure to notify us as soon as possible! The sooner we know, the better we (and our Clients) will be able to prepare for your absence.



Please join us in congratulating the following Field Employees, who were hired by our Clients in April!

~ Jeff L.
~ Juliette G.
~ Amanda W.

**CASS & BASS offices will be closed
on Monday, 5/25 in recognition of
Memorial Day!**

We will re-open on Tuesday, 5/26 at
8:00 am.



SO MANY CAREER OPPORTUNITIES!

Please visit our website at
CapitalAreaStaffing.com
for a list of all current openings!

Augusta

Business Operations Mgr. - *Palmyra*
Distribution Spec. - *Auburn*
Inspector/Packer - *Wilton*
Janitorial - *Rockland*
Fiscal Grant Mgr. - *Augusta*
Sr. Materials Mgr. - *Pittsfield*
Legal Admin. Asst. - *Augusta*

Bangor

Front Desk Recept. - *Holden/Bangor*
Accounting Assistant - *Trenton*
QA Inspector - *Bangor*
Production/Assembly - *Bangor*
Property Maint./Painting - *Bangor*
Restoration Cleaners/Laborers -
Hampden
Evening Janitorial - *Bangor*

If you know someone who is looking
for a new job, please send them our
way!



Fun Facts for May

5/1 - May Day
5/5 - Cinco de Mayo
5/10 - Mother's Day
5/16 - Armed Forces Day
5/22 - National Maritime Day
5/25 - Memorial Day

Also, **Get Caught Reading &
National Good Car-Keeing Month**

May has two full moons this year!
The **Flower Moon**, will occur
on Friday, May 1st.

As you may be able to guess, it takes its
name from the flowers that bloom this
month.

The second full moon occurs on
Sunday, May 31st. As the second full
moon of the month, this moon is called
a **Blue Moon**.



Thoughtful Mother's Day Gift Ideas She'll Truly Appreciate

Mother's Day is closing in, but it's not too
late to get the mothers in your life a gift if
you haven't already! The best gifts don't
have to be extravagant—they just need a
little thought behind them.



Rhubarb Coffee Cake

What better way to start the morning than with a steaming mug of coffee and a generous piece of tangy rhubarb coffee cake with cinnamon-sugar topping? Delicious!

For the cake:

Ingredients

- 2 cups all-purpose flour, plus extra for pan
- 1 teaspoon baking soda
- 1/2 teaspoon table salt
- 1/2 cup unsalted butter, at room temperature, plus extra for pan
- 1-1/2 cups firmly packed light-brown sugar
- 1 large egg
- 1 cup sour cream
- 1 teaspoon vanilla extract
- 2-1/2 cups fresh rhubarb, cut into 1/2-inch chunks

Instructions

1. Preheat oven to 350°F. Grease and flour a 9×13-inch baking pan. Set aside.
2. In a medium-sized bowl, whisk together flour, baking soda, and salt, and set aside.
3. In a large mixing bowl, cream together butter and brown sugar until fluffy, 4–6 minutes. Beat egg in.
4. Add a third of the flour mixture and stir gently. Add half the sour cream and stir. Repeat with flour mixture, remaining sour cream, and remaining flour mixture. Stir in vanilla and rhubarb and spread batter into prepared pan.

Topping:

Ingredients

- 1/2 cup sugar
- Optional: 1/2 cup chopped nuts
- 1 teaspoon cinnamon
- 1 tablespoon butter, melted

Instructions

A **handwritten card or letter** is one of the most impactful gifts you can give. Taking the time to share specific memories or simply say “thank you” can mean more than anything you buy. Pair it with a small gesture like **breakfast in bed**, fresh flowers, or her favorite coffee for a simple but heartfelt start to the day.

If you’re looking for something tangible, consider **personalized gifts** like a custom piece of jewelry, a mug with a meaningful message, or a calendar filled with family photos. **Memory-based gifts**, such as a scrapbook, framed photo, or even a printed collage, are especially meaningful and tend to become keepsakes she’ll treasure for years.

For moms who rarely take time for themselves, a **relaxation-focused gift** can go a long way. Think spa baskets with candles, bath products, cozy blankets, or even a gift certificate for a massage or manicure. It’s a thoughtful way to encourage her to slow down and recharge.

Experiences can be just as special as physical gifts. Plan a **brunch, picnic, or day trip**, or simply set aside uninterrupted time together doing something she enjoys. Even a quiet walk or movie night can feel like a luxury when it’s intentional.

You can also think outside the box with ideas like a **subscription box** (books, snacks, flowers), a **plant or herb garden kit**, or a “**coupon book**” offering future help, like cooking dinner, running errands, or tackling a project together.

At the end of the day, what matters most is making her feel appreciated and seen. Whether it’s a grand gesture or a simple moment, a little thought goes a long way in making Mother’s Day truly special.

1. In a small bowl, combine sugar, nuts (optional), cinnamon, and melted butter; sprinkle over the top of the cake.
2. Bake 40 to 50 minutes.



Capital Area Staffing Solutions, Inc.
Bangor Area Staffing Solutions
~Your Partners in Staffing~



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