



CAPITAL AREA  
STAFFING SOLUTIONS



BANGOR AREA  
STAFFING SOLUTIONS



## CASS & BASS Field Employees

### IMPORTANT TIMECARD NOTICE

As always, please remember to submit your timecard no later than **Friday afternoon**, unless you are working a weekend shift. In that case, please e-mail/fax  
**no later than 8am Monday morning.**

### If you have upcoming plans that require time off from work:

Please be sure to notify us as soon as possible! The sooner we know, the better we (and our Clients) will be able to prepare for your absence.

**CASS & BASS offices will be closed  
on Friday, 6/19 in recognition of  
Juneteenth.**

We will re-open on Monday, 6/22 at  
8:00 am.



Please join us in congratulating the following Field Employees, who were hired by our Clients in May!

- ~ Nicole V.
- ~ Sarah A.
- ~ Kaia T.
- ~ Tara G.
- ~ Jordan W.





## SO MANY CAREER OPPORTUNITIES!

Please visit our website at  
[Capital Area Staffing.com](http://CapitalAreaStaffing.com)  
for a list of all current openings!

### Augusta

Recruiter - *Fairfield*  
Staff Accountant - *Auburn*  
Inspector/Packer - *Wilton*  
Janitorial - *Rockland*  
Payroll CSR - *Auburn*  
Sr. Materials Mgr. - *Pittsfield*  
Field Service Tech - *Gardiner*  
Tax Administrator II - *Auburn*

### Bangor

Front Desk Recept. -  
*Holden/Bangor/Ellsworth*  
QA Inspector - *Bangor*  
Production/Assembly - *Bangor*  
Property Maintenance - *Bangor*  
Restoration Cleaners/Laborers -  
*Hampden*  
PT Evening Janitorial - *Trenton*  
FT Evening Janitorial - *Ellsworth*  
PT Day Shift Janitorial - *Bangor*

If you know someone who is looking  
for a new job, please send them our  
way!

## Fun Facts for June

- June 5 is **World Environment Day**— a day meant to raise environmental awareness across the globe.
- June 14 is **Flag Day** (U.S.). Be sure to raise the flag!
- June 19 is **Juneteenth** (also known as Freedom Day or Emancipation Day).
- June 21 is the **summer solstice**, which heralds the start of summer in the Northern Hemisphere. It's the day with the most hours of daylight.
- June 21 is **Father's Day** this year.
- June 24 brings **Midsummer Day**, also **St. John the Baptist's Feast Day**.

June's full Moon, the full **Strawberry Moon**, occurs on Monday, June 29. It reaches peak illumination at 7:56 P.M. (EDT) that evening.



**To ALL the Dads out there! Enjoy your day!**

The "5 Gift Rule" is a popular, budget-friendly framework that simplifies shopping by focusing on intentional, meaningful presents. It helps avoid overspending and clutter. For Dad, the 5 categories break down as follows:

- **Something he wants:** A fun splurge or hobby-related item he's been eyeing, like a new tech gadget or a premium grilling accessory.
- **Something he needs:** A practical upgrade to replace something worn out, such as a sturdy new wallet, or a quality flashlight, or tools for his weekend projects.
- **Something to wear:** Comfortable apparel or footwear.
- **Something to read:** A great book or magazine tailored to his interests—whether he's into history, sci-fi, or biographies.



## Peach-Raspberry Crunch

Ever tried combining peaches and raspberries? Mmmm! Try this mouth-watering recipe for Peach-Raspberry Crunch. It's especially delicious when peaches are in season. Serve topped with vanilla ice cream, if desired.

### Ingredients

#### For the filling:

- 3 cups peeled and sliced ripe peaches
- 2 cups fresh raspberries
- 1/4 cup mild honey
- 1 tablespoon fresh lemon juice
- 1-1/2 tablespoons all-purpose flour

#### For the topping:

- 1/3 cup all-purpose flour
- 1/3 cup old-fashioned rolled oats
- 1/3 cup oat bran
- 1/3 cup packed brown sugar
- 1/4 teaspoon cinnamon
- 1/4 teaspoon salt
- 1/4 cup (1/2 stick) cold, unsalted butter, cut into 1/4-inch pieces

### Instructions

1. Preheat oven to 350°F. Butter a 9x9-inch baking pan and set aside.
2. **For filling:** Mix the peaches, raspberries, honey, and lemon juice in a large bowl. Add the flour and mix lightly. Turn the ingredients into the prepared pan. Set aside.
3. **For topping:** Combine the flour, oats, oat bran, brown sugar, cinnamon, and salt in a large bowl. Add the butter and rub it with your fingers until you have uniform, gravel-like crumbs. (This can also be done in the food processor. Pulse until you have uniform crumbs; don't let the mixture turn clumpy.) Spread the mixture evenly over the fruit and bake for about 40 minutes, until the top is golden

- **Something to experience:** An activity you can enjoy together, such as tickets to see the Boston Red Sox at Fenway Park, a Boston Bruins game at TD Garden, or a gift certificate to a local craft brewery.

## What's Happening in June?

- **Maine Whoopie Pie Festival (June 13, Dover-Foxcroft):** Celebrate Maine's official state treat with massive baking booths, a whoopie pie eating contest, and family activities.
- **La Kermesse Franco-Americaine Festival (June 18–21, Biddeford):** A lively celebration of French-Canadian heritage featuring live music, a grand street parade, a car show, and authentic traditional food.
- **The Maine Oyster Festival (June 27–28, Freeport):** Slurp fresh Maine raw oysters, watch shucking contests, and enjoy craft beer and live music right on the waterfront.
- **Boothbay Harbor Windjammer Days (June 21–27, Boothbay):** Experience Maine's maritime history with the spectacular "Gathering of the Fleet," boat parades, Harbor Aglow, and waterfront fireworks.
- **High Peaks PaddleFest (June 19, Rangeley):** A celebration of paddling on the beautiful Rangeley Lakes, complete with adventure events.
- **Trek Across Maine (June 19–21, Pineland Farms):** A highly popular 3-day cycling event raising funds for the American Lung Association.
- **Springfield Fair (June 11–14)**
- **Pittston Fair (June 18–21)**
- **Monmouth Fair (June 24–28):** Features classic rides, demolition derbies, and 4-H animal shows.

brown and the juices bubble thickly. Cool on a rack for at least 15 minutes before serving.



**Capital Area Staffing Solutions, Inc.**  
**Bangor Area Staffing Solutions**  
~Your Partners in Staffing~



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